Module : Biblical Principles of Healing

Session 5 : Healing In and Through God's Word

Focus : God's Word Has Inherent Healing Power



We must have an awareness that God's Word heals. God's Word has medicinal or curative value. In this study, we seek to demonstrate that God's Word heals and what we can do to access and facilitate the healing dynamic within God's word.

Ps. 107:20 He SENT HIS WORD and HEALED them, And DELIVERED them from their DESTRUCTIONS.

How does God 'SEND' His Word to heal us?

This can be understood in the following ways:

A. God's Word itself has in-grained Healing Power and Potential

B. Obedience to the General Word (Logos) Heals us.

C. Obedience to a Specific Instruction (Rhema) Heals us.

D. An Uttered Command or Decree to Heal.

E. Appropriating the Promises of Healing in God's Word by Faith

Let's unpack each of these. In this session, the first point (A), is primarily addressed, and the second point (B), is addressed to a lesser degree. (Point B is covered more extensively in session 6).

# **How Does God's Word Heal Us?**

A. Healing Properties and Power are Inherent To God's Word

Healing properties are inherent and innate to God's Word. It is intrinsically interwoven as part of the very nature of God's Word. 'Healing' and God's word are never separate realities. The first lies within the second. When God's Word is spoken, received in faith and obeyed, correction of abnormalities in spirit, soul and body is possible.

- (1) SOME KEY TEXTS HIGHLIGHTING HEALING AS NATIVE TO GOD'S WORD
- (i) God's SENDS His WORD to HEAL
- Ps. 107:20 He SENT HIS WORD and HEALED them, And DELIVERED them from their DESTRUCTIONS.
- (ii) God's Word is LIFE to those who FIND them and HEALTH to all their BODY.

### Prov. 4:20-22

- 20 My son, give attention to **my words**; Incline your ear to **my sayings**.
- 21 Do not let them **depart from your sight**; Keep them **in the midst of your heart.** 
  - 22 For they are LIFE to those who find them And HEALTH to all their BODY.
- (iii) God's Word can LENGTHEN Your DAYS and ADD YEARS to your LIFE (with peace)
- Prov. 3:1,2 My son, do not forget my teaching, But let your heart keep my commandments; For LENGTH of DAYS and YEARS OF LIFE and peace they will add to you.
  - (iv) God's Word has In-Bred Healing Power for Your Body and Refreshment to Your Bones
- Prov. 3:8 It will be healing to your body And refreshment to your bones.
- 'Heals The Body': The Hebrew word for body here is translated NAVEL. The navel or belly button is at the centre of the lower abdomen and is that part where the umbilical cord is attached to the developing foetus. This umbilical cord transmits essential nutrients from the mother to the child. So the navel is a reminder that we need to depend on God as the source of our nourishment. Specifically, God's Word is the point of connection to essential spiritual nutrients.
- 'Refreshes The Bones': Bones our skeletal system provides structure and form to the body. Bone diseases osteoporosis and the like can be healed in Jesus Name! Bones in particular, have a degenerative

character with age. The promise here is that God's Word has the capacity to strengthen your internal skeletal frame so that your 'form' is strengthened with a view to enhancing your functionality.

Prov. 16:24 Pleasant words are a honeycomb, Sweet to the soul and healing to the bones.

God's Words are pleasant and sweeter than honey and even the honeycomb.

Psalm 19:10,11 They are more desirable than gold, yes, than much fine gold; Sweeter also than honey and the drippings of the honeycomb. Moreover, by them Your servant is warned; In keeping them there is great reward.

#### 2. GOD AND HIS WORD ARE ONE

There is healing inherent within God's Word. This is so because God and His Word are inseparably one. God's nature is to heal, and one of the primary methodologies by which He does heal, is through His powerful Word.

In our previous session, we learnt that healing can take place 'IN THE NAME OF JESUS". Here below, is a reminder from the previous session (4), as to what the term 'name' denotes in reference to God:

- The Nature or Character of the Person
- The Purpose of God Attached to the Person
- The Authority and Power of the Person
- The Representation of the Person

Words spoken from God's mouth are conveyers of His being. God is Spirit (John 4:24), and the Words He speaks are Spirit and Life (John 6:63a)

**John 6:63** "... the words that I have spoken to you are spirit and are life."

The Spirit being of God is comprised of 'grace', the constituent element of His person as Spirit. When God speaks through His Word, His voice communicates not just information from His mind, but also, the very internal essence of His being (i.e. Spirit - full of Grace). **When God** 

speaks, He is imparting Himself. His nature is to Heal, so His Word transmits this nature and

power to heal.

Note that God magnifies His "Word AND HIS NAME" OR "ACCORDING TO HIS NAME".

Psalm 138:2b For You have MAGNIFIED YOUR WORD ACCORDING to all YOUR NAME.

(NASB)

The KJV frames Psalm 138:2b as follows: "For You have magnified Your word ABOVE ALL

Your name".

The word 'above' is somewhat misleading in that it communicates the idea that the Word is

ranked above the Name of God. No part of God is inferior or of lesser worth, value and weight,

than another part of God. In fact, the notion that there are 'parts' of God and that these are

seemingly disconnected, is false. God is coherent within Himself. He is a complete entity.

The NASB framing of this verse resonates well. The Word of God is magnified ACCORDING

to all His name. His name depicts His nature and character. His Word is not above His name,

but in accordance with it. So then His Word is His name, nature and character.

Consider these translations:

**ESV** 

for you have exalted above all things your name and your word.

NIrV :

You have honored **your name and your word** more than anything else.

NLT :

for Your promises are backed by all the honor of Your name.

The ESV and NiRV translations also offer very apt framings: God has exalted above all

things, His Word And His name. These two (Word and Name) are one, and are exalted or

magnified above all things.

Whilst the Hebrew word 'AL', translated 'according' (NASB) or 'above' (KJV), does suggest

something as having prominence over another, the particular context of the specific verse will

make this meaning applicable. In Psalm 138:2, the general sense is 'according to' and not so

much 'above'. Brown-Driver-Briggs (Hebrew scholars) offer the following synonyms for the

Hebrew word, 'AL': "on the ground of, according to, on account of, on behalf of,

concerning, beside, in addition to, together with".

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The context of the entirety of Psalm 138:2 seems to support this. Read the text slowly:

Psalm 138:2 I will bow down toward Your holy temple And give thanks to YOUR NAME for Your LOVINGKINDNESS and Your TRUTH; For You have magnified Your word according to all Your name. (NASB)

This verse can be divided into three parts:

Psalm 138:2 (a) I will bow down toward Your holy temple

Psalm 138:2 (b) And give thanks to YOUR NAME for Your LOVINGKINDNESS and

Your TRUTH;

Psalm 138:2 (c) For You have magnified Your word according to all Your name.

'Lovingkindness' here denotes an aspect of God's nature, and hence has reference to His 'name'. The Psalmist exhorts us to give thanks to God's Name and His Truth - and His Truth is His Word (Psalm 138:2c). Gratitude is given to both His name and His Word, not just His Word. Then Psalm 138:2 (c), continues the thought as to why we express thanksgiving for His Word as well, for .... He has magnified His Word 'ACCORDING TO' or 'TOGETHER WITH' His name.

# The essential point is this:

God's Word is an exact mirror and reflection of His nature (name). In God 'sending His Word to heal you', He is not sending 'power' that is apart from His Person (name). When He sends His word to Heal you, He is sending HIMSELF!

Many desire a 'Word from God' without embracing or engaging the 'God of the Word'. For you to experience all the inherent Divine power vested within God's Word, when it is SENT TO YOU, you must experience God Himself. You cannot desire 'POWER' from God's Word to heal you, without also desiring to know, surrender and submit to the 'PERSON' of God (I will demonstrate this later with some case studies). The WORD of God reveals the GOD of the WORD.

#### 3. GOD WATCHES OVER HIS SENT WORD TO PERFORM IT

God is always more than ready to perform HIS Word - and to do so with immediacy and haste. We must heighten our faith to believe, and not postpone the fulfilment of His Word to sometime in the future.

Jer. 1:11,12 The word of the Lord came to me saying, "What do you see, Jeremiah?" And I said, "I see a rod of an almond tree." Then the Lord said to me, "You have seen well, for I am watching over My word to perform it."

When God sends His word, He is not uninvolved with it once it is sent. He actively WATCHES over it to ensure it accomplishes its intended objective. The almond rod that Jeremiah saw conveys this truth. 'Rod' denotes Divine leadership. The 'almond' tree was the first to blossom near the end of winter, just before spring would break. Generally, plants do not blossom in winter, but in spring. Yet the almond anticipates a coming season, and already starts to manifest the outward characteristics of blossoming associated with spring. God used this imagery to demonstrate to us just how He is ready to perform His 'sent' Word in our lives. His Word will bring fruitfulness and productivity to our lives, even way before our context dictates that it should. God is able to manifest His word in our lives with SPEED - as suggested by the KJV, "for I will HASTEN my word to perform it." (Jer. 1:12b)

The Hebrew word for 'WORD' - of God - is 'Dabar', and further elucidates the point above:

Word = Dabar = Speech, matter

The word 'dabar' implies words spoken - where the fulfillment of what is spoken is pregnant within the word spoken. Sometimes this word is translated 'works'. It is as though in the moment of the speaking, there is a reckoning that the deed attendant with that word is already fulfilled or done.

#### Isaiah 55:8-11

- 8 "For My thoughts are not your thoughts, Nor are your ways My ways," declares the Lord.
- 9 "For as the heavens are **higher** than the earth, So are My ways **higher** than your ways And My thoughts than your thoughts.

- 10 "For as the rain and the snow come down from heaven, And do not return there without watering the earth And making it bear and sprout, And furnishing seed to the sower and bread to the eater;
- 11 So will My word be which goes forth from My mouth; It will not return to Me empty, Without accomplishing what I desire, And without succeeding in the matter for which I sent it.

God's Word contains His ways and thoughts. It contains the intelligence of His mind. God's higher ways and thoughts must become ours. The only way this is possible is for us to love, read, study, listen to, meditate upon subscribe to and obey the principles of His Word. God's word must water our earth (our flesh), so that it manifests the fruit of the Divine life of God in our lives. God's Word do not return to Him empty or void, because His Word itself has no void, but contains His ways and thoughts.

#### 4. GOD'S SENT WORD DEPUTISES ON HIS BEHALF

Ps 107:20 He SENT HIS WORD and HEALED them, And DELIVERED them from their DESTRUCTIONS.

Sent = Salah = To Send Forth

This word 'sent' relates closely to the NT word 'sent'. The Word 'sent' is apostello in the NT. The thing or person sent must be fully representative of the sender. It is also sent with the full authority and power of the sender. There is full and complete Divine representational authority and power in God's Word. God's Word has full power of deputyship, ambassadorship and representation. God's Word accurately represents His nature – His name – in nature, in authority and power, and in purpose.

# 5. GOD'S WORD IS LIVING (QUICK) AND ACTIVE (POWERFUL)

God's word is not inactive, inert, static, dormant or impotent. It is not motionless - it is full of Divine energy, internal vibrancy and movement. God's Word is powerful and can significantly impact all three parts of man, viz. spirit, soul and body.

**Heb. 4:12** For the word of God is **living and active** and **sharper** than any two-edged sword, and piercing as far as the division of **soul and spirit**, of both **joints and marrow**, and able to judge the thoughts and intentions of the heart. **(NASB)** 

'Active' = energés = Referring to energy, i.e., engaged in work, capable of doing, active, powerful, effective

In Classical Greek, 'energes', seems to have been used almost exclusively as medical terms referring to medical treatment and the influence of medicine. Hence, God's Word has Divine energy to heal.

Heb. 4:12a For the word of God is quick, and powerful,.... (KJV)

The full inherent potential of God's Word is accessed and released largely through your personal attitude and response to the Word. The mighty working of God's Word in you will come from your esteem and love for God's Word, together with your honour of spiritual leaders/fathers, who speak the Word to you.

1 Thess 2:13 For this reason we also constantly thank God that when you received the word of God which you heard from us, you accepted it not as the word of men, but for what it really is, the word of God, which also performs its work in you who believe.

God's Word must be received with humility.

James 1:21 Therefore, putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls

## 6. DELIGHTING IN AND MEDITATING ON GOD'S WORD IS MEDICINAL

In the light of all of the above, what should our response to God's Word be? We should love God's Word - daily read, study, meditate on it, believe and have faith in it, and obey it - to facilitate and harness the fullness of its healing power.

When you love and delight in something, you access its inherent power. You derive the least benefit from something which you fail to prioritise or highly esteem. Meditation is the way you 'mine' the full potential truth contained in a single verse of Scripture.

#### Psalm 1:1-3

1 How blessed is the man who does not **walk** in the counsel of the wicked, Nor **stand** in the path of sinners, Nor **sit** in the seat of scoffers!

- 2 But his **DELIGHT** is in the law of the LORD, And in His law he **MEDITATES** day and night.
- 3 He will be like a tree *firmly* planted by streams of water, Which yields its fruit in its season And its **LEAF DOES NOT WITHER**; And in **whatever** he does, he **prospers**.

In verse one, the terms 'WALK', 'STAND' and 'SIT' encapsulate the entirety of one's life. The man who is blessed is one who does not do certain things (verse 1) simply because he does another thing, viz. delighting in the Word of God (verse 2). His capacity to overcome wicked counsel, sinful paths and scoffing seats is empowered by the subject and focus of his delight, which is the WORD OF GOD. That which you DELIGHT IN could be your empowerment over that which is DESIGNED to defeat you, including sickness and disease.

'Delight' is evidenced by **consistent meditation**. MEDITATION ON GOD'S WORD IS MEDICATION FOR YOUR SOUL AND BODY. The man who intensely delights in the Word is likened unto a tree planted next to streams of water. This analogy is intended to demonstrate the powerful effects and benefits of delighting in the Word.

#### The Benefits of DELIGHTING in GOD's WORD is Threefold in Psalm 1:

## a. Fruitfulness In ALL Seasons

'Its leaves do not wither' (verse 3): Leaves wither in Autumn or when the plant decays. Leaves in this context is symbolic of **prosperity amidst adversity**. You will live immune to the external negative, natural environments. You do not evade the crisis in which you are located, but you are sustained through it by God.

Cf. Jer. 17:7-8 "Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.

## b. Healing

Symbolically, amongst other things, **LEAVES indicate HEALING**.

Rev. 22:2b On either side of the river was the tree of life, bearing twelve kinds of fruit, yielding its fruit every month; and the leaves of the tree were for the healing of the nations.

"Leaves of the tree were for the healing of the nations." (Rev. 22:2): The healing of nations refers to the correction of corporate systemic issues like racism, pride, prejudice, etc. But, we can extract the general principle here - 'leaves' symbolise 'healing'. So the man who delights in God's Word - his leaves will never wither, i.e. he lives in the promise of healing. Although 'healing' incorporates far more than physical healing, we can appropriate the principle to physical healing as well.

c. Whatever He Does Prospers.

Prosperity includes physical well-being.

3 John 1:2 Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.

Continued in Session 6

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